

Food Group Card - Solomon Islands



Sausage

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Bacon

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Cheese
rings

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Corn
chips

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Instant
noodle
flavouring



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Deep fried talapia



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Rice
crackers



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Tinned tuna in brine



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Health Professional Facilitator Information

You must at all times use your own professional judgement when using this resource

Purpose of resource:

To support the delivery of practical cooking and nutrition education sessions

Key skills:

This resource could be used to support development of the following skills:

- Independently follow a recipe.

Target group:

This resource is designed to be used by Solomon Islanders of all ages.

Notes:

This resource is designed to be printed A3 size and then laminated.

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